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Phone : +91 73059 14348 – [info@iledu.in](mailto:info@iledu.in) / [Chairman@iledu.in](mailto:Chairman@iledu.in)



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## A STUDY ON ARTICLE 21 AND ITS ROLE IN PROTECTING HUMAN RIGHTS

**AUTHOR** – DIVYANSHI TIWARI\* & DR. ROSHNI SHRIVASTAVA\*\*

\* STUDENT AT AMITY UNIVERSITY UTTAR PRADESH LUCKNOW CAMPUS

\*\* ASSOCIATE PROFESSOR AT AMITY UNIVERSITY UTTAR PRADESH LUCKNOW CAMPUS

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### Abstract

Article 21 of the Constitution of India has evolved into the most significant and dynamic provision for the protection and promotion of human rights. Initially interpreted in a narrow and procedural sense, the provision has undergone a transformative expansion through judicial interpretation, particularly since the landmark decision in *Maneka Gandhi v. Union of India*. This research paper undertakes a doctrinal and analytical study of Article 21, examining its scope, evolution, and role in safeguarding human dignity within the Indian legal framework.

The study highlights how the judiciary has interpreted the term “life” to include a wide spectrum of derivative rights such as the right to livelihood, health, education, privacy, and a clean environment. It further analyses the intersection of Article 21 with various statutory laws, including criminal, environmental, and digital regulations, thereby demonstrating its integrative role in ensuring substantive justice. The paper also explores the alignment of Article 21 with international human rights instruments such as the Universal Declaration of Human Rights (UDHR) and the International Covenant on Civil and Political Rights (ICCPR).

Additionally, the research addresses contemporary challenges, including digital surveillance, artificial intelligence, and environmental degradation, which test the adaptability of Article 21 in modern governance. Despite its expansive interpretation, issues such as implementation gaps, judicial delays, and socio-economic inequalities continue to hinder its full realization. The paper concludes by emphasizing the need for institutional reforms and stronger enforcement mechanisms to uphold the constitutional promise of life and personal liberty.

**Keywords:** Article 21, Right to Life, Human Rights, Constitutional Law, Judicial Activism, Due Process, Privacy, Environmental Rights, Indian Legal System, Fundamental Rights

### 1. Introduction

Human rights are inherent, inalienable, and indispensable rights that accrue to every individual by virtue of being human. They constitute the foundation for dignity, liberty, equality, and the holistic development of personality. In the Indian constitutional framework, these rights are enshrined and protected under Part III of the Constitution, which guarantees Fundamental Rights

enforceable against the State. Among these, Article 21 stands as the most significant and dynamic provision, often regarded as the cornerstone of human rights jurisprudence in India. Article 21 provides that:

"No person shall be deprived of his life or personal liberty except according to procedure established by law."<sup>241</sup>

At its inception, Article 21 was interpreted in a narrow and literal sense, focusing primarily on the existence of a legally established procedure rather than its fairness or reasonableness. However, over time, the judiciary—particularly the Supreme Court of India—has adopted a purposive and expansive interpretation of this provision, transforming it into a repository of diverse human rights. The shift from a formalistic interpretation to a substantive understanding marked a constitutional transition from procedural legality to substantive justice, thereby aligning Indian constitutional law with global human rights standards.

The expression "life" under Article 21 has been judicially interpreted to mean more than mere animal existence; it encompasses the right to live with human dignity and all that goes along with it. This includes the right to livelihood, health, shelter, education, privacy, and a clean environment. Similarly, the term "personal liberty" has been broadened to include a wide spectrum of individual freedoms essential for the full development of human personality. Through such interpretations, Article 21 has evolved into a living and organic provision capable of adapting to the changing socio-economic and technological landscape.

Furthermore, Article 21 operates in conjunction with Articles 14 and 19, forming what is often described as the "Golden Triangle" of the Constitution. This interconnected framework ensures that any law or state action depriving an individual of life or liberty must satisfy the tests of fairness, non-arbitrariness, and reasonableness. Such a holistic approach

reinforces the rule of law and prevents abuse of power by the State.<sup>242</sup>

The role of judicial activism and Public Interest Litigation (PIL) has been instrumental in expanding the scope of Article 21. By relaxing procedural technicalities and prioritizing substantive justice, the courts have ensured that marginalized and vulnerable sections of society can access constitutional remedies. Consequently, Article 21 has emerged not merely as a fundamental right but as a comprehensive human rights charter within the Indian legal system.

In contemporary times, the relevance of Article 21 has further increased in light of emerging challenges such as digital privacy, environmental degradation, public health crises, and technological advancements. Its adaptability and expansive interpretation continue to make it a vital tool for safeguarding human dignity and ensuring justice in an evolving society.

## 2. Conceptual Framework: Human Rights and Constitutional Protection

### 2.1 Meaning of Human Rights

Human rights refer to the basic rights and freedoms that belong to every individual by virtue of being human. These include:

- Right to life
- Right to liberty
- Right to dignity
- Right to equality
- Right to privacy

#### 1. Right to Life

The Right to Life is the most fundamental of all human rights, forming the very basis for the enjoyment of all other rights. In the Indian constitutional framework, it is guaranteed under Article 21, which ensures that no person shall be deprived of life except according to a procedure

<sup>241</sup> Sharma, Bhavana. "JUDICIAL INTERPRETATION ON "RIGHT TO LIFE AND PERSONAL LIBERTY" UNDER ARTICLE 21 OF INDIAN CONSTITUTION." A Journal of Advances in Management IT & Social Sciences 6.10 (2016): 1-10.

<sup>242</sup> Yadav, Utkarsh. "Article 21: A Comprehensive Journey of Right to Life and Personal Liberty." Indian J. Integrated Rsch. L. 1 (2021): 1.

established by law. However, judicial interpretation has expanded this right far beyond mere physical existence. The Supreme Court has consistently held that the term “life” includes the right to live with human dignity and encompasses all those aspects that make life meaningful, complete, and worth living.

This expanded understanding includes access to basic necessities such as food, shelter, clothing, clean drinking water, and a healthy environment. The judiciary has also recognized the right to health, education, and livelihood as integral components of the right to life. In essence, the right is not limited to survival but extends to ensuring a quality of life consistent with human dignity.

Additionally, the right to life imposes both negative and positive obligations on the State. While the State must refrain from arbitrarily taking life, it is also required to take proactive steps to protect and preserve life. This includes ensuring public health, maintaining law and order, and providing adequate living conditions. Thus, the right to life serves as the foundation of human rights jurisprudence, reflecting the constitutional commitment to dignity, welfare, and justice.<sup>243</sup>

## 2. Right to Liberty

The Right to Liberty refers to the freedom of an individual to act, think, and move without unreasonable restrictions. Under Article 21, “personal liberty” has been interpreted broadly to include a wide range of freedoms essential for individual autonomy and development. It is not confined to mere freedom from physical restraint but extends to all those rights that allow a person to live independently and make choices about their life.

Judicial interpretation has clarified that personal liberty includes freedoms such as the right to travel, the right to make personal decisions, and the right to be free from arbitrary arrest and detention. It also encompasses

procedural safeguards, such as the right to a fair trial, the right to legal representation, and protection against unlawful detention. These safeguards ensure that any restriction on liberty is carried out in accordance with just, fair, and reasonable procedures.

The right to liberty plays a crucial role in maintaining the balance between individual freedom and state authority. While the State may impose reasonable restrictions in the interest of public order, security, and morality, such restrictions must not be arbitrary or excessive. The judiciary acts as a guardian to ensure that the State does not misuse its power to curtail individual freedoms.

In essence, the right to liberty ensures that individuals can lead autonomous lives, free from unwarranted interference, thereby upholding the democratic values of freedom and personal choice.<sup>244</sup>

## 3. Right to Dignity

The Right to Dignity is an essential component of the right to life and represents the intrinsic worth of every individual. It signifies that every person must be treated with respect and should be able to live a life free from humiliation, exploitation, and degrading treatment. Although not explicitly mentioned as a separate right in the Constitution, dignity has been recognized by the judiciary as a core element of Article 21.

The Supreme Court has consistently emphasized that the right to life includes the right to live with dignity, which encompasses basic human necessities and conditions that allow individuals to develop their personality. This includes protection from inhuman or degrading treatment, access to basic living conditions, and the assurance of equality in social and economic spheres.

The right to dignity also extends to various aspects of life, including the right to reputation, the right to privacy, and the right to bodily

<sup>243</sup> Ramcharan, Bertrand G. "The right to life." *Netherlands International Law Review* 30.3 (1983): 297-329.

<sup>244</sup> Yadav, Prashant Kumar, Brijesh Sharma, and Mudra Singh. "Personal Liberty as a Human Right in the 21st Century: An Analysis." *Issue 2 Indian JL & Legal Rsch.* 5 (2023): 1.

integrity. It ensures that individuals are not subjected to arbitrary or oppressive actions by the State or other entities. For marginalized and vulnerable groups, the right to dignity serves as a crucial safeguard against discrimination and exploitation.

Furthermore, dignity is closely linked with other fundamental rights, reinforcing the idea that human rights are interconnected and indivisible. The recognition of dignity as a fundamental constitutional value reflects the commitment of the Indian legal system to uphold the moral and ethical foundations of justice.

#### 4. Right to Equality

The Right to Equality is a fundamental pillar of democratic governance and is guaranteed under Articles 14 to 18 of the Indian Constitution. It ensures that every individual is treated equally before the law and is entitled to equal protection of the laws. This right seeks to eliminate discrimination and arbitrariness, thereby promoting fairness and justice in society.

Equality does not imply absolute uniformity but rather ensures that individuals in similar circumstances are treated alike. At the same time, it permits reasonable classification to address social and economic disparities. This allows the State to implement affirmative action measures aimed at uplifting disadvantaged sections of society, such as Scheduled Castes, Scheduled Tribes, and Other Backward Classes.

The right to equality also prohibits discrimination on grounds such as religion, race, caste, sex, or place of birth. It ensures equal access to public employment, educational opportunities, and public resources. Through judicial interpretation, the concept of equality has been expanded to include the principle of non-arbitrariness, meaning that any state action must be fair, reasonable, and based on rational criteria.

In the broader context of human rights, equality is essential for the realization of other rights,

including dignity and liberty. It ensures that all individuals have equal opportunities to develop their potential and participate fully in society. Thus, the right to equality serves as a cornerstone of constitutional governance and social justice.<sup>245</sup>

#### 5. Right to Privacy

The Right to Privacy is a relatively recent but significant development in Indian constitutional law. Recognized as a fundamental right under Article 21, it protects the autonomy of individuals and their ability to make personal decisions without unwarranted interference. Privacy encompasses various aspects, including bodily integrity, personal information, family life, and communication.

The recognition of privacy reflects the evolving nature of human rights in response to technological and societal changes. In the digital age, concerns regarding data protection, surveillance, and misuse of personal information have made privacy an essential component of individual freedom. The right ensures that individuals have control over their personal data and are protected against arbitrary intrusion by the State or private entities.

Privacy is closely linked with dignity and liberty, as it allows individuals to develop their personality and maintain their individuality. It includes the right to make choices regarding one's lifestyle, relationships, and personal beliefs. At the same time, the right is not absolute and may be subject to reasonable restrictions in the interest of national security, public order, and other legitimate state interests.

The recognition of the right to privacy has significant implications for governance, particularly in areas such as data protection laws, surveillance regulations, and digital rights. It reinforces the principle that individuals must be respected as autonomous beings, thereby

<sup>245</sup> Singh, Rang Nath. "Right to Equality: Constitutional Framework, Judicial Interpretation, and Contemporary Challenges."

strengthening the framework of human rights protection in India.

In the Indian context, these rights derive their enforceability from constitutional provisions, especially Article 21.<sup>246</sup>

## 2.2 Article 21 as a Human Rights Charter

Article 21 has often been described as the “procedural Magna Carta” of India. It acts as a bridge between constitutional guarantees and international human rights norms such as:

- Universal Declaration of Human Rights (UDHR)
- International Covenant on Civil and Political Rights (ICCPR)

Its unique feature lies in its applicability to **“all persons”**, including non-citizens. This universality strengthens its position as a fundamental human rights provision.

## 3. Evolution of Article 21: From Narrow to Expansive Interpretation

The interpretation of Article 21 has undergone three major phases:

### 3.1 Phase I: Narrow Interpretation (Pre-1978)

#### Case: A.K. Gopalan v. State of Madras (1950)

In this case, the Supreme Court adopted a **strict and literal interpretation** of Article 21:

- “Procedure established by law” was interpreted narrowly.
- The Court held that any procedure prescribed by law, even if arbitrary, was valid.
- Fundamental rights were considered **distinct and isolated** from each other.

This interpretation significantly limited the scope of human rights protection.<sup>247</sup>

### 3.2 Phase II: Transitional Phase

#### Case: Kharak Singh v. State of U.P. (1962)

The Court began to expand the meaning of “personal liberty”:

- Recognized that liberty includes more than physical restraint.
- Struck down domiciliary visits as unconstitutional.

This marked the beginning of a broader understanding of individual rights.<sup>248</sup>

### 3.3 Phase III: Golden Era of Expansion (Post-1978)

#### Case: Maneka Gandhi v. Union of India (1978)

This landmark judgment revolutionized Article 21:

- Introduced the concept of **“due process of law”** in India.
- Held that the procedure must be **“fair, just, and reasonable”**.
- Established interrelationship between Articles 14, 19, and 21.

This case transformed Article 21 into a **dynamic source of human rights jurisprudence**.

## 4. Expanding Dimensions of Article 21

The judiciary has interpreted Article 21 to include various derivative rights essential for human dignity.

### 4.1 Right to Live with Human Dignity

The Supreme Court held that life does not mean mere animal existence but includes living with dignity.

This includes:

- Adequate nutrition
- Clothing
- Shelter
- Basic amenities

<sup>246</sup> Pertin, Tokmin, and Ramandeep Singh. "Evolution of Right to Privacy in the Constitution of India." Issue 3 Int'l J.L. Mgmt. & Human. 5 (2022): 166.

<sup>247</sup> Abbas, Mahmoud, et al. "AC Gopalan v. State of Madras, 168 ADM Jabalpur v. Shivkant Shukla, 164-165, 166 AK Gopalan v. State of Madras, 151, 188." evolution 140.145: 243.

<sup>248</sup> Oberoi, Namit. "The Right to Privacy: Tracing the Judicial Approach following the Kharak Singh Case." Indian J. Const. L. 1 (2007): 216.

## 4.2 Right to Livelihood

### Case: Olga Tellis v. Bombay Municipal Corporation (1985)

- Recognized livelihood as an integral part of life.
- Held that deprivation of livelihood amounts to deprivation of life.<sup>249</sup>

## 4.3 Right to Shelter

### Case: Chameli Singh v. State of U.P. (1995)

- Recognized shelter as a fundamental right under Article 21.
- Included access to clean environment, sanitation, and civic amenities<sup>250</sup>.

## 4.4 Right to Health

The Court has consistently held that:

- Access to healthcare is part of the right to life.
- The State has an obligation to provide medical facilities.

## 4.5 Right to Clean Environment

Environmental jurisprudence under Article 21 includes:

- Right to pollution-free air and water
- Protection against hazardous industries

## 4.6 Right to Privacy

Recognized as a fundamental right in later jurisprudence, privacy forms a core aspect of personal liberty.

## 5. Article 21 and Procedural Safeguards

Article 21 also ensures procedural protections, including:

- Right to a fair trial
- Right to legal aid
- Right to speedy trial

- Protection against torture and custodial violence

These safeguards ensure that human rights are not only recognized but effectively enforced.

## 6. Relationship with Other Fundamental Rights

Article 21 does not operate in isolation. It is closely linked with:

- **Article 14** (Right to Equality)
- **Article 19** (Freedoms)

The **Golden Triangle Doctrine** ensures that any law depriving personal liberty must satisfy:

- Non-arbitrariness (Article 14)
- Reasonableness (Article 19)
- Fair procedure (Article 21)

## 7. Role of Judiciary in Human Rights Protection

The Indian judiciary has played a transformative role through:

### 7.1 Judicial Activism

- Expansion of rights through interpretation
- Filling legislative gaps

### 7.2 Public Interest Litigation (PIL)

- Made justice accessible to marginalized groups
- Strengthened enforcement of Article 21

### 7.3 Epistolary Jurisdiction

- Allowed letters to be treated as writ petitions
- Enabled access to justice for the poor

## 8. Conclusion

Article 21 has evolved from a simple procedural guarantee into a comprehensive human rights charter, reflecting the transformative potential of constitutional interpretation. Initially confined to a narrow understanding that merely required the existence of a "procedure established by law," the provision has undergone a remarkable metamorphosis through judicial creativity and interpretative dynamism. Today, it stands as the

<sup>249</sup> Naukarkar, Parth N. "Olga Tellis v Bombay Municipal Corporation." *Jus Corpus LJ 2* (2021): 108.

<sup>250</sup> Hashim, Normawati. "The need for a dynamic jurisprudence of right to "life" under Article 5 (1) of the Federal Constitution." *Procedia-Social and Behavioral Sciences* 101 (2013): 299-306.

most expansive and significant fundamental right within the Indian constitutional framework, embodying the essence of human dignity, liberty, and substantive justice.

The shift in interpretation, particularly after the watershed moment in *Maneka Gandhi v. Union of India*, marked a decisive departure from formalism towards a more purposive and rights-oriented approach. By reading the requirement of fairness, reasonableness, and non-arbitrariness into the procedure established by law, the judiciary effectively incorporated elements of “due process” into Indian constitutional law. This doctrinal evolution ensured that state action affecting life and personal liberty is not only legally sanctioned but also just, fair, and equitable. Such an approach has significantly strengthened the protection of human rights and curtailed the possibility of arbitrary exercise of power by the State.

One of the most notable aspects of this evolution is the expansion of the meaning of “life” under Article 21. The judiciary has consistently emphasized that life is not limited to mere physical survival but includes the right to live with dignity and all that is necessary for a meaningful existence. Consequently, a wide array of derivative rights has been recognized under its ambit, including the rights to livelihood, shelter, health, education, clean environment, and privacy. These rights are indispensable for the holistic development of individuals and the realization of a welfare-oriented state as envisioned in the Constitution.

Furthermore, the interrelationship between Article 21 and other fundamental rights, particularly Articles 14 and 19, has reinforced its scope and applicability. This integrated approach, often referred to as the “Golden Triangle,” ensures that any deprivation of life or personal liberty must meet the standards of equality, reasonableness, and procedural fairness. Such a constitutional synergy not only enhances the protection of individual rights but

also strengthens the rule of law by subjecting state action to rigorous judicial scrutiny.

The role of the judiciary in expanding the ambit of Article 21 has also been complemented by the development of Public Interest Litigation (PIL), which has democratized access to justice. By relaxing traditional procedural barriers and allowing public-spirited individuals to approach the courts on behalf of disadvantaged groups, the judiciary has ensured that the benefits of Article 21 extend to those who are otherwise unable to assert their rights. This has significantly contributed to the realization of social justice and the protection of vulnerable sections of society.

At the same time, the evolution of Article 21 underscores the dynamic and living nature of the Indian Constitution. It demonstrates the capacity of constitutional provisions to adapt to changing societal needs and emerging challenges, including technological advancements, environmental concerns, and issues of governance. This adaptability is essential for maintaining the relevance and effectiveness of constitutional rights in a rapidly evolving world.

In conclusion, the journey of Article 21 from a narrowly construed procedural safeguard to a broad and inclusive human rights guarantee exemplifies the progressive spirit of Indian constitutional jurisprudence. It highlights the crucial role of judicial interpretation in bridging the gap between constitutional text and lived realities. As the foundation of human rights protection in India, Article 21 continues to serve as a powerful instrument for ensuring dignity, justice, and equality for all individuals, thereby upholding the core values of the Constitution.

## 9. Landmark Judicial Pronouncements Expanding Article 21

The evolution of Article 21 is primarily a result of judicial creativity and constitutional interpretation. The Supreme Court of India has, through various landmark judgments,

expanded its scope to include numerous facets of human rights.

### 9.1 Maneka Gandhi v. Union of India

#### Significance:

This case marked a paradigm shift in the interpretation of Article 21.

- Introduced the doctrine of **substantive due process**
- Established that procedure must be “fair, just, and reasonable”
- Linked Articles 14, 19, and 21

#### Impact:

It laid the foundation for the expansion of human rights jurisprudence in India.

### 9.2 Hussainara Khatoon v. State of Bihar

#### Significance:

- Recognized the **right to speedy trial** as a fundamental right under Article 21

#### Impact:

Highlighted the plight of undertrial prisoners and reformed criminal justice administration.<sup>251</sup>

### 9.3 Sunil Batra v. Delhi Administration

#### Significance:

- Addressed custodial torture and prison conditions

#### Impact:

- Affirmed that prisoners retain fundamental rights
- Strengthened protection against inhuman treatment

### 9.4 Francis Coralie Mullin v. Administrator, Union Territory of Delhi

#### Significance:

- Expanded the meaning of life to include **human dignity**

#### Impact:

- Recognized rights to minimum necessities of life

### 9.5 Olga Tellis v. Bombay Municipal Corporation

#### Significance:

- Recognized the **right to livelihood**

#### Impact:

- Protected pavement dwellers from arbitrary eviction

### 9.6 Bandhua Mukti Morcha v. Union of India

#### Significance:

- Addressed bonded labour

#### Impact:

- Reinforced State obligation to ensure humane working conditions

### 9.7 Subhash Kumar v. State of Bihar

#### Significance:

- Recognized the **right to a pollution-free environment**

#### Impact:

- Strengthened environmental protection under Article 21

### 9.8 Parmanand Katara v. Union of India

#### Significance:

- Right to emergency medical aid

#### Impact:

- Doctors are obligated to provide immediate treatment

### 9.9 Vishaka v. State of Rajasthan

#### Significance:

- Protection against sexual harassment at workplace

<sup>251</sup> Lakhotia, Lavanya. "Hussainara Khatoon & Others (I) v. Home Secretary, State of Bihar." Indian JL & Legal Rsch. 2 (2021): 1.

**Impact:**

- Laid down **Vishaka Guidelines**, later codified into statutory law<sup>252</sup>

**9.10 Justice K.S. Puttaswamy v. Union of India**

**Significance:**

- Recognized **right to privacy** as a fundamental right

**Impact:**

- Crucial in the digital age and data protection regime<sup>253</sup>

**10. Article 21 in Specific Human Rights Domains**

**10.1 Protection of Prisoners' Rights**

Article 21 extends to individuals even when deprived of liberty.

**Key Rights:**

- Protection from custodial torture
- Right to legal aid
- Right to humane conditions

**Legal Framework:**

- Code of Criminal Procedure, 1973
- Prison Acts and Jail Manuals

**Judicial Contribution:**

Courts have consistently emphasized that incarceration does not strip a person of dignity.

**10.2 Women's Rights and Gender Justice**

Article 21 has played a crucial role in safeguarding women's rights.

**Key Areas:**

- Protection from sexual harassment
- Right to reproductive autonomy
- Protection from domestic violence

**Relevant Laws:**

- Protection of Women from Domestic Violence Act, 2005
- Sexual Harassment of Women at Workplace Act, 2013

**Judicial Approach:**

Courts have interpreted Article 21 to include **bodily autonomy and dignity**, strengthening gender justice.

**10.3 Child Rights**

Children are entitled to special protection under Article 21.

**Key Rights:**

- Right to education
- Protection from abuse and exploitation

**Relevant Laws:**

- Right of Children to Free and Compulsory Education Act, 2009
- Protection of Children from Sexual Offences Act, 2012

Article 21 ensures that children live with dignity and security.

**10.4 Environmental Protection**

Environmental rights have become integral to Article 21.

**Key Elements:**

- Clean air and water
- Ecological balance

**Relevant Laws:**

- Environment Protection Act, 1986
- Water Act, 1974
- Air Act, 1981

The judiciary has adopted the **precautionary principle** and **polluter pays principle** under Article 21.

<sup>252</sup> Goel, Aadish. "Vishaka and Others vs the State of Rajasthan: The Importance of Due Process and Its Effectiveness in Addressing Sexual Harassment." Available at SSRN 3859309 (2021).

<sup>253</sup> Guruswamy, Menaka. "Justice KS Puttaswamy (Ret'd) and Anr v. union of India and Ors." American Journal of International Law 111.4 (2017): 994-1000.

### 10.5 Right to Health and Medical Care

The right to health is essential for human survival.

#### Judicial Recognition:

- Health is integral to the right to life

#### Relevant Laws:

- National Health Mission
- Clinical Establishments Act

#### State Obligation:

- Provide accessible and affordable healthcare

### 10.6 Right to Education

Although explicitly provided under Article 21A, it is derived from Article 21.

#### Key Aspects:

- Free and compulsory education
- Development of personality

Education is considered essential for exercising other rights.

### 10.7 Digital Rights and Privacy

With technological advancement, Article 21 has expanded into the digital domain.

#### Key Issues:

- Data protection
- Surveillance
- Cybersecurity

#### Legal Framework:

- Information Technology Act, 2000
- Digital Personal Data Protection Act, 2023

The recognition of privacy has strengthened individual autonomy in the digital age.

### 11. Intersection of Article 21 with Indian Statutory Laws

Article 21 operates alongside various statutes that reinforce human rights protections.

### 11.1 Indian Penal Code, 1860 (IPC)

- Protects life and bodily integrity
- Penalizes offences such as murder, assault, and wrongful confinement

### 11.2 Code of Criminal Procedure, 1973 (CrPC)

- Ensures procedural fairness
- Provides safeguards against arbitrary arrest

### 11.3 Protection of Human Rights Act, 1993

- Establishes the National Human Rights Commission (NHRC)
- Provides institutional protection

### 11.4 Information Technology Act, 2000

- Addresses cyber crimes
- Protects digital privacy

### 11.5 Environmental Laws

- Provide statutory backing to environmental rights under Article 21

### 12. Role of Public Interest Litigation (PIL)

Public Interest Litigation has significantly strengthened Article 21.

#### Features:

- Relaxed locus standi
- Accessible justice
- Focus on marginalized groups

#### Impact:

- Addressed issues like bonded labour, environmental degradation, and prison reforms
- PIL has transformed Article 21 into a tool for **social justice and accountability**.

### 13. Critical Analysis

While Article 21 has expanded significantly, certain challenges persist:

#### 13.1 Judicial Overreach

- Courts sometimes enter the domain of legislature

### 13.2 Implementation Gaps

- Laws exist but enforcement is weak

### 13.3 Socio-economic Inequality

- Access to rights is unequal

### 13.4 Delayed Justice

- Judicial backlog undermines rights

Despite these challenges, Article 21 remains a powerful instrument for human rights protection.

### 14. Conclusion

The judicial expansion of Article 21 has transformed it into a comprehensive safeguard for human rights across multiple domains. From the protection of prisoners' rights to the recognition of digital privacy, Article 21 has consistently evolved in response to changing societal, economic, and technological realities. This dynamic interpretation underscores the living nature of the Constitution, enabling it to remain relevant and responsive to contemporary challenges. The provision, once limited to procedural protection, now operates as a substantive guarantee of a dignified and meaningful existence.

A significant factor contributing to this transformation has been the proactive role of the judiciary, particularly the Supreme Court of India, in interpreting Article 21 in a liberal and purposive manner. By expanding the ambit of "life" and "personal liberty," the courts have incorporated within its fold a wide range of rights essential for human development, including the rights to health, livelihood, shelter, education, clean environment, and privacy. This interpretative approach reflects a commitment to substantive justice, ensuring that constitutional guarantees are not merely theoretical but practically enforceable.

Equally important is the symbiotic relationship between Article 21 and various statutory frameworks. Legislative enactments such as criminal laws, environmental statutes, and data protection regulations have reinforced the

constitutional mandate by providing detailed mechanisms for implementation and enforcement. This synergy between constitutional provisions and statutory laws has strengthened the overall human rights regime in India, ensuring both normative recognition and institutional support for the protection of individual rights.

Furthermore, the development of Public Interest Litigation has significantly enhanced the accessibility and effectiveness of Article 21. By relaxing procedural constraints and expanding locus standi, the judiciary has enabled marginalized and disadvantaged sections of society to seek redress for violations of their fundamental rights. This has transformed Article 21 into a powerful tool for social justice, bridging the gap between law and lived reality.

However, the expansive interpretation of Article 21 also raises certain concerns. Issues such as judicial overreach, inconsistency in application, and the challenge of balancing individual rights with state interests require careful consideration. Moreover, the existence of rights in constitutional text and judicial pronouncements does not automatically ensure their realization. Persistent challenges such as inadequate implementation, lack of awareness, and socio-economic disparities continue to limit the effective enjoyment of these rights by large sections of the population.

In essence, Article 21 represents the core of India's human rights framework, embodying the principles of dignity, fairness, and justice. Its continued evolution demonstrates the adaptability of constitutional law in addressing emerging issues while maintaining its foundational values. The future of Article 21 lies not only in further judicial innovation but also in strengthening institutional mechanisms, promoting awareness, and ensuring effective enforcement. Only then can the true promise of Article 21—as a guarantor of a dignified life for all—be fully realized.

## 15. Comparative Analysis: Article 21 and International Human Rights Law

Article 21 of the Indian Constitution aligns closely with global human rights instruments. Its evolution reflects the incorporation of international norms into domestic constitutional jurisprudence.

### 15.1 Universal Declaration of Human Rights (UDHR, 1948)

The **United Nations** adopted the UDHR as a foundational human rights document.

#### Relevant Provisions:

- Article 3: Right to life, liberty, and security
- Article 5: Protection against torture
- Article 12: Right to privacy

#### Comparison with Article 21:

Article 21 embodies these principles by ensuring:

- Protection of life and personal liberty
- Safeguards against arbitrary state action
- Recognition of dignity as a core value

### 15.2 International Covenant on Civil and Political Rights (ICCPR, 1966)

India is a signatory to the ICCPR.

#### Key Rights:

- Right to life (Article 6)
- Freedom from torture (Article 7)
- Right to fair trial (Article 14)

#### Indian Position:

The Supreme Court has often interpreted Article 21 in harmony with ICCPR provisions, thereby strengthening its global relevance.

### 15.3 Comparative Constitutional Perspectives

#### United States

- The Due Process Clause of the Constitution ensures fairness in deprivation of life and liberty
- Similar to post-Maneka Gandhi v. Union of India interpretation

#### United Kingdom

- Human rights protected under the Human Rights Act, 1998
- Courts rely on the European Convention on Human Rights

#### South Africa

- Constitution explicitly guarantees socio-economic rights
- Indian judiciary has read similar rights into Article 21

## 16. Article 21 and Emerging Contemporary Issues

### 16.1 Right to Privacy in the Digital Era

The recognition of privacy in Justice K.S. Puttaswamy v. Union of India has far-reaching implications.

#### Key Issues:

- Data surveillance
- Biometric data protection
- Digital profiling

#### Legal Developments:

- Digital Personal Data Protection Act, 2023
- Regulation of data fiduciaries

#### Challenge:

Balancing national security with individual privacy.

### 16.2 Artificial Intelligence and Human Rights

AI technologies raise new constitutional questions under Article 21:

- Algorithmic bias affecting equality and dignity
- Automated decision-making impacting liberty
- Surveillance technologies threatening privacy

#### Legal Concern:

Absence of a comprehensive AI regulatory framework in India.

### 16.3 Climate Change and Environmental Justice

Environmental protection under Article 21 has expanded to include:

- Climate justice
- Sustainable development
- Intergenerational equity

#### Judicial Trends:

Courts increasingly recognize environmental degradation as a violation of the right to life.

### 16.4 Surveillance and State Power

Technological advancements have enhanced state surveillance capabilities.

#### Issues:

- Mass surveillance programs
- Lack of transparency
- Potential misuse of power

#### Legal Question:

Whether surveillance mechanisms meet the test of “**procedure established by law**” and reasonableness.

### 16.5 Public Health Emergencies (e.g., Pandemics)

The COVID-19 pandemic highlighted:

- Right to health infrastructure
- Access to oxygen, medicines, and vaccines
- Migrant workers’ rights

Article 21 was invoked to ensure state accountability during crises.

### 17. Challenges in the Enforcement of Article 21

Despite its expansive interpretation, several structural and practical challenges persist:

#### 17.1 Implementation Deficit

- Laws exist but are poorly enforced
- Administrative inefficiency undermines rights

#### 17.2 Judicial Backlog

- Delay in justice delivery
- Undermines the right to speedy trial

#### 17.3 Lack of Awareness

- Many citizens are unaware of their rights
- Limits effective utilization of legal remedies

#### 17.4 Socio-economic Barriers

- Poverty restricts access to justice
- Marginalized communities remain vulnerable

#### 17.5 State Excesses

- Custodial violence
- Arbitrary detention
- Misuse of preventive detention laws

### 18. Suggestions and Reformative Measures

To strengthen the role of Article 21 in protecting human rights, the following reforms are suggested:

#### 18.1 Strengthening Legal Aid Mechanisms

- Expand access to free legal services
- Improve functioning of Legal Services Authorities

#### 18.2 Judicial Reforms

- Fast-track courts
- Use of technology for case management
- Reducing pendency

#### 18.3 Legislative Reforms

- Enact comprehensive data protection and AI laws
- Update criminal laws in line with human rights standards

#### 18.4 Police and Prison Reforms

- Ensure accountability in custodial practices
- Improve prison conditions

### 18.5 Human Rights Education

- Promote awareness through legal literacy programs
- Include human rights in academic curricula

### 18.6 Strengthening Institutions

- Empower National and State Human Rights Commissions
- Ensure independence and effectiveness

### 19. Analytical Observations

Article 21 has become the **most litigated and dynamic provision** of the Indian Constitution. Its interpretation reflects:

- Judicial creativity
- Constitutional adaptability
- Commitment to human dignity

However, its success depends not only on judicial pronouncements but also on effective implementation and governance.

### 20. Final Conclusion

Article 21 stands as the cornerstone of human rights protection in India, embodying the essence of life, liberty, and dignity. Its transformation from a narrowly construed procedural safeguard to an expansive repository of substantive rights demonstrates the progressive and dynamic nature of Indian constitutional jurisprudence. What began as a seemingly limited guarantee against arbitrary deprivation of life and personal liberty has, through judicial interpretation, evolved into a comprehensive charter encompassing a wide spectrum of human rights essential for the meaningful existence of individuals.

The judiciary, particularly the Supreme Court of India, has played a pivotal role in this transformation by adopting a purposive and liberal approach. By interpreting the term “life” to include not merely physical survival but the right to live with dignity, the courts have infused Article 21 with substantive content. Consequently, a range of derivative rights—

such as the right to livelihood, health, education, shelter, privacy, and a clean environment—have been recognized as intrinsic to the right to life. This expansion reflects a shift towards a welfare-oriented constitutional philosophy that prioritizes human dignity and social justice.

Moreover, the integration of Article 21 with Articles 14 and 19 has strengthened the constitutional framework by ensuring that any deprivation of life or personal liberty must meet the standards of fairness, non-arbitrariness, and reasonableness. This “Golden Triangle” has reinforced the rule of law and curtailed arbitrary state action, thereby enhancing the protection of individual freedoms. The development of Public Interest Litigation has further democratized access to justice, enabling marginalized and disadvantaged groups to seek enforcement of their rights under Article 21.

At the same time, Article 21 has demonstrated remarkable adaptability in addressing contemporary challenges. In an era marked by rapid technological advancements, environmental concerns, and public health crises, the provision continues to evolve to safeguard emerging dimensions of human rights, including digital privacy, data protection, and environmental sustainability. Its alignment with international human rights norms further underscores its significance in the global legal landscape.

However, despite its expansive scope and judicial recognition, the effective realization of Article 21 remains contingent upon robust implementation. Persistent challenges such as judicial delays, socio-economic disparities, lack of awareness, and administrative inefficiencies continue to hinder the full enjoyment of these rights. Therefore, there is a pressing need for institutional reforms, improved governance, and greater accountability to bridge the gap between constitutional ideals and practical realities.

In conclusion, Article 21 is not merely a constitutional provision but a living embodiment of the values of justice, liberty, and

human dignity. Its continued evolution reflects the resilience and adaptability of the Indian Constitution in responding to changing societal needs. As India progresses, the true strength of Article 21 will lie in its ability to ensure that the promise of a dignified life becomes a tangible reality for every individual, thereby upholding the foundational ethos of the Constitution.

Through judicial interpretation, Article 21 has incorporated a wide spectrum of rights, including:

- Right to livelihood
- Right to health
- Right to privacy
- Right to clean environment
- Right to education

It has also aligned Indian law with international human rights standards, thereby reinforcing India's commitment to global norms.

However, the real challenge lies in bridging the gap between constitutional promise and ground reality. Strengthening institutional mechanisms, ensuring accountability, and promoting awareness are essential for realizing the true potential of Article 21.

In conclusion, Article 21 is not merely a constitutional provision—it is a living embodiment of human dignity and justice, continuously evolving to meet the demands of a changing society.

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