

IMPACT OF PRIVATISATION OF HEALTHCARE: A COMPARATIVE ANALYSIS BETWEEN DEVELOPED AND DEVELOPING NATIONS

AUTHOR – SMEEKSHA PANDEY*, DRISHTI KOTIAN** & RISHIKA SHARMA**,

* ASSISTANT PROFESSOR AT AMITY LAW SCHOOL, AMITY UNIVERSITY MUMBAI

** STUDENTS AT AMITY LAW SCHOOL, AMITY UNIVERSITY MUMBAI

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1.1 INTRODUCTION

Privatization is the process of transferring ownership of a business or property from the government to the private sector. The term "privatization" was coined by **Peter F. Drucker**.¹⁹¹³ In his 1955 work "The Role of Government in Education," American economist Milton Friedman established the theoretical underpinnings for the privatisation of public services and utilities. The concept of privatisation was first put out by American management Peter F. Drucker in his 1968 book *The Age of Discontinuity: Guidelines to Our Changing Society*; in 1969, E. S.¹⁹¹⁴ Upon studying the duties and functions of privatisation, we see that several studies characterize it as either partial or complete. The transition of an institution or organisation from the public sector to the private sector (Avgustyniak, 2010: 36; ACRP, 2012: 1; Graham, 2017: 143). Certain studies define privatisation as the transfer of partial or whole government assets to the private sector (Ramamoorthy, 1992: 225). Other authors on privatisation define it as "the transfer of productive assets to the private sector" (Parker and Kirkpatrick 2003: 50).¹⁹¹⁵

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¹⁹¹³ Dong, L. (2015). Privatization Theory: Inheritance of Instrumental Rationality. In: *Public Administration Theories*. Palgrave Macmillan, New York. https://doi.org/10.1057/9781137536426_4

¹⁹¹⁴ Dong, L. (2015). Privatization Theory: Inheritance of Instrumental Rationality. In: *Public Administration Theories*. Palgrave Macmillan, New York. https://doi.org/10.1057/9781137536426_4

¹⁹¹⁵ The electronic scientifically and practical journal "Intellectualization of Logistics and Supply Chain Management", v.24 (2024) ISSN 2708-3195.

Privatisation refers to the process by which a government-owned entity or function is transferred or outsourced to the private sector. The adoption of this strategy is typically undertaken with the ambition of achieving increased efficiency, promoting competition, or reducing public sector expenditure.¹⁹¹⁶ When properly planned and executed, privatisation promotes efficiency, stimulates investment (and therefore, new development and employment), and frees up public funds for social programs and infrastructure investments.¹⁹¹⁷ Privatisation serves as a supplement rather than a substitute for the others.

In several cases, privatisation will be less significant for the expansion of the private sector than the establishment of new private enterprises.

Privatisation often enhances efficiency, particularly during significant economic crises. However, this is contingent upon managers operating within a competitive rather than a monopolistic framework, necessitating not only the divestiture of state businesses but also public bidding for franchises, the dissolution of monopolies, and the elimination of entry obstacles.¹⁹¹⁸ Privatisation has been a significant public policy concern in the 1980s across several regions globally. Britain, France, and the United States are among the more advanced nations that have made significant advancements in the domain of privatisation. In the developing world, several nations such as Chile, Brazil, South Korea, and Bangladesh have significantly adopted privatisation, while many others are in different phases of planning and executing their privatisation initiatives.¹⁹¹⁹

Recurring issues arise with the privatisation and outsourcing of services, especially in developing

nations: the impact of competition and ownership on performance, the conflict between various objectives (such as increasing revenue while reducing share prices to expand ownership), and the appropriate equilibrium between the autonomy of enterprises and the government's regulatory role in market power.¹⁹²⁰ A persistent and contentious topic in global health pertains to the suitable role and equilibrium of the public and private sectors in delivering healthcare services to communities.¹⁹²¹

1.2 Public and Private Healthcare Sector

Healthcare services are not strictly divided between public and private providers, since some practitioners engage in both state-based systems and privately operated healthcare delivery systems, with several systems being dually financed or informal.¹⁹²²

This argument is mostly split between proponents of universal state-based healthcare and advocates for private sector provision of treatment in places lacking public services. The industry has generally been unsuccessful. Proponents of the private sector have cited data indicating that the "private sector is the primary provider," since many underprivileged individuals choose to seek treatment at private clinics. It has been proposed that the private sector may exhibit more efficiency and attentive to patient requirements due to market competition, which they assert, should surpass government inefficiency and corruption. Conversely, proponents of the public sector possess

Significant disparities in healthcare access because to the financial incapacity of the impoverished to afford private treatments. They have observed that private markets often fail to

¹⁹¹⁶ <https://testbook.com/ias-preparation/privatisation>

¹⁹¹⁷ Sunita Kikeri, John Nellis and Mary Shirley; Privatization The Lessons of Experience; @ 1992 The International Bank for Reconstruction and Development / THE WORLD BANK 1818 H Street, N.W. Washington, D.C. 20433.

¹⁹¹⁸ Samuel Paul; Emerging Issues of Privatization and the Public Sector, Country Economics Department The World Bank September 1988 WPS 80.

¹⁹¹⁹ Samuel Paul; Emerging Issues of Privatization and the Public Sector, Country Economics Department The World Bank September 1988 WPS 80.

¹⁹²⁰ Samuel Paul; Emerging Issues of Privatization and the Public Sector, Country Economics Department The World Bank September 1988 WPS 80.

¹⁹²¹ Basu S, Andrews J, Kishore S, Panjabi R, Stuckler D (2012) Comparative Performance of Private and Public Healthcare Systems in Low- and MiddleIncome Countries: A Systematic Review. PLoS Med 9(6): e1001244. doi:10.1371/journal.pmed.1001244.

¹⁹²² Basu S, Andrews J, Kishore S, Panjabi R, Stuckler D (2012) Comparative Performance of Private and Public Healthcare Systems in Low- and MiddleIncome Countries: A Systematic Review. PLoS Med 9(6): e1001244. doi:10.1371/journal.pmed.1001244

provide public health products, including preventive services (a "market failure"), and lack the necessary integrated planning with public health systems essential for controlling epidemics.¹⁹²³ The WHO health system topics enabled a systematic and thorough examination of the current research on both public and private sectors. Nonetheless, a disadvantage of the theme framework is that certain aspects of the patient experience in healthcare environments, such as waiting times, are not consistently documented in existing evaluations.¹⁹²⁴ This indicates that next research should concentrate on the significance of experiential elements of care in relation to healthcare use and outcomes, including the probability of follow-up among patients necessitating repeat visits, across various care contexts.

1.3 Comparative analysis of Private and Public Healthcare Sector between Developed and Developing Nations

A public healthcare system is one in which the government governs and controls all healthcare services. It offers high-quality medical care to all citizens, regardless of their ability to pay.¹⁹²⁵ The benefits of public healthcare against the private healthcare system showed that the former reduces overall healthcare and administrative costs. It helps in standardising the services and creates a healthier workforce, prevents future costs, and guides the population to make better choices. In contrast, private healthcare maintains a business-driven culture and creates unfair competition for non-profit organizations. It considers healthcare as a commodity rather than a right of every citizen and may use its considerable economic power to exert undue influence on healthcare policies. Countries with

the best healthcare in the world provide free or universal healthcare. These countries regard healthcare as a social good rather than an economic good and provide universal care, which means that healthcare must be affordable and accessible to all the citizens.¹⁹²⁶

In developed nations like Germany, The German healthcare system is self-governed and operated by a large number of institutions and organizations. The healthcare system is shaped and governed by many institutions and organizations with different tasks. These include doctors' and hospital associations, health insurers, quality assurance agencies, health ministries at federal and state level, as well as patient organizations and support groups. The Health care in Germany is based on four basic principles, everyone who lives in Germany is legally required to have health insurance, health care in Germany is mostly financed through the regular payments (premiums) of health insurance members and their employers, in the German healthcare system, all public health insurance members and employers carry the costs together through monthly premium payments, the German healthcare system is not run by the government. The government sets the legal framework for medical care.¹⁹²⁷ Whereas in developing countries like China's private hospital market has experienced rapid growth over the last decade, with private hospitals now outnumbering public hospitals by a factor of two. This policy analysis uses available data and existing literature to analyze China's rapidly changing hospital market, identify key challenges resulting from rapid private hospital growth, and present recommendations to ensure future sustainable private hospital development in the country. Following which the key challenges to private hospital development include limited government financial support, high tax burdens, difficulty in workforce recruitment and

¹⁹²³ Basu S, Andrews J, Kishore S, Panjabi R, Stuckler D (2012) Comparative Performance of Private and Public Healthcare Systems in Low- and MiddleIncome Countries: A Systematic Review. PLoS Med 9(6): e1001244. doi:10.1371/journal.pmed.1001244

¹⁹²⁴ Basu S, Andrews J, Kishore S, Panjabi R, Stuckler D (2012) Comparative Performance of Private and Public Healthcare Systems in Low- and MiddleIncome Countries: A Systematic Review. PLoS Med 9(6): e1001244. doi:10.1371/journal.pmed.1001244

¹⁹²⁵ Ravi Duggal and Sunil Nandraj, Regulating the Private Health Sector

¹⁹²⁶ https://www.researchgate.net/publication/362756444_Public_and_Private_Healthcare_System_in_Terms_of_Both_Quality_and_Cost_A_Review

¹⁹²⁷ <https://www.ncbi.nlm.nih.gov/books/NBK298834/>

retainment, poor government regulation and oversight, and dissipating public trust.¹⁹²⁸

1.4 Comparative analysis of Private and Public Healthcare Sector between Developing Nations

Private ownership by itself is no longer thought to produce economic benefits in emerging nations; prerequisites, particularly the legal framework, and a suitable privatization process are necessary to get a favourable result.¹⁹²⁹ These make up a list that is frequently difficult to follow in developing nations:

1. implementation of complementary policies
2. the development of well-thought-out and sequential changes
3. the development of regulatory ability
4. focus on poverty and its effects on society
5. Effective public relations.

Nevertheless, the findings clearly point to the possibility of privatization that would increase efficiency while simultaneously advancing justice in emerging nations.¹⁹³⁰

MEXICO --- The three primary parts of the Mexican health system¹⁹³¹ work in tandem:

- 1) employment-based social insurance programs,
- 2) Financial protection programs that support public assistance services for the uninsured and
- 3) a private sector made up of insurers, service providers, and producers and distributors of pharmaceuticals and medical devices.¹⁹³²

State and federal agencies and providers provide coverage for the uninsured, while highly centralized national organizations oversee the social insurance programs. The Mexican Social Insurance Institute (IMSS), the biggest social

insurance organization, is run under a corporatist structure that more closely mirrors the political climate of the 1940s than the demands of the modern era. Although national health spending has increased recently, it is still below the norm for Latin America and the Caribbean and well below the 2015 OECD average.¹⁹³³ Out-of-pocket expenses make up the majority of private donations, while public spending makes up 58% of total funding. Despite government regulation, the private sector largely functions on its own. Although Mexico's health system offers a wide range of medical services, almost 14% of the population is uninsured, and those who are insured are primarily enrolled in several public programs with differing benefit packages. Due to the majority of governmental institutions' lack of funding and the insured's inability to voice their concerns to ensure entitlements are fulfilled, private sector services are in high demand.¹⁹³⁴

INDIA ---More and more foreigners are now travelling to India for private medical treatment. For sophisticated pediatric cardiac surgery or liver transplants—procedures not performed in their own countries—they travel from the Middle East, Africa, Pakistan, and Bangladesh. They also travel from North America, Europe, and the United Kingdom for rapid, effective, and affordable orthopaedic treatments or cardiac bypasses. India's public health spending, at 0.9% of GDP, is among the lowest in the world and only surpassed by five nations: Burundi, Myanmar, Pakistan, Sudan, and Cambodia. This is in contrast to the country's recent impressive expansion in the private health sector. A vast majority of Indians are opting for the private sector. The public option, which involves endless

¹⁹²⁸ [https://www.thelancet.com/journals/lanwpc/article/PIIS2666-6065\(23\)00309-7/fulltext](https://www.thelancet.com/journals/lanwpc/article/PIIS2666-6065(23)00309-7/fulltext)

¹⁹²⁹ <https://watermark.silverchair.com/>

¹⁹³⁰ <https://watermark.silverchair.com/>

¹⁹³¹ <https://data.worldobesity.org/country/mexico-139/health-systems.pdf>

¹⁹³² World Health Organization. Regional Office for Europe, European Observatory on Health Systems and Policies, Miguel A González Block, Hortensia Reyes Morales, Lucero Cahuana Hurtado. et al. ((2020)World Health Organization. Mexico: health system review. . Regional Office for Europe<https://iris.who.int/handle/10665/334334>

¹⁹³³ Singh, A. K., Venkateswaran, S., (2022). Health System In Mexico: Reforms, Transformations, and Challenges (CSEP Working Paper 37). New Delhi: Centre for Social and Economic Progress.

¹⁹³⁴ World Health Organization. Regional Office for Europe, European Observatory on Health Systems and Policies, Miguel A González Block, Hortensia Reyes Morales, Lucero Cahuana Hurtado. et al. ((2020)World Health Organization. Mexico: health system review. . eRegional Office for Europe<https://iris.who.int/handle/10665/334334>

waits in filthy conditions with throngs of other patients, is far worse.¹⁹³⁵

Patients have to visit private stores and labs because many medications and tests are not available in the public sector. Subsequent governments have promoted the expansion of the private sector while placing little emphasis on health spending.¹⁹³⁶

The private sector included tiny hospitals, nursing homes, and individual practitioners until over 20 years ago. Particularly in the hospitals managed by religious and philanthropic institutions, many of the services were of the highest calibre. However, smaller organizations are finding it harder to compete in the private healthcare market since technology has become a bigger factor in medical practice. In order to generate revenue, big businesses, including pharmaceutical and IT firms, as well as affluent people, frequently from the Indian diaspora (also known as non-resident Indians), have begun to offer health care. In India, the private health industry has achieved remarkable progress, albeit at the expense of the public sector. However, regulating it might merely provide more chances for corruption and bureaucratic hold-ups. Making a specific percentage of private services accessible to the impoverished could be a better way to hold private providers more socially accountable.¹⁹³⁷

CHINA --- China's government-run health system, which prioritizes basic care and prevention, was founded in 1949. The nation's health care and public health systems were weakened by the economic reforms of the 1970s, which also resulted in a sharp decline in public spending.¹⁹³⁸ The government changed

its strategy once more in 2009 and launched a number of social health insurance programs. The vast majority of the nation's 1.3 billion residents now have access to social health insurance, yet state spending is still minimal. The persistent dependence on private funding leads to disparities in health care access. The delivery system is "mixed," with public sector organizations playing a major role. However, because of their reliance on private funding, public clinics and hospitals are not paying enough attention to public goods and vulnerable patients' needs.

China's health care system is currently poorly funded and delivered. Although government spending has increased, it still accounts for less than one-third of all medical expenses. Although there is a dearth of private health insurance in China, out-of-pocket expenses are high. For both inpatient and outpatient care, governmental institutions continue to dominate the health care delivery system.¹⁹³⁹

BRAZIL ---Despite Brazil's comprehensive public healthcare system, people still have the option to pay for their own medical care or get private health insurance. Brazil's public healthcare system, known as the Sistema Único de Saúde—Unified Health System (SUS), is a Beveridgian tax-financed, universal, and free at the point of care system that was established in 1988 with the drafting of a new constitution following the end of the military dictatorship.¹⁹⁴⁰ The Brazilian private plans and services model would be categorized as a duplicate and supplemental model in accordance with the Organization for Economic Co-operation and Development's (OECD) assessment of the function of private health insurance in a healthcare system. This implies that consumers might purchase private plans that may make it simpler for them to

¹⁹³⁵ Sengupta A, Nundy S. The private health sector in India. *BMJ*. 2005 Nov 19;331(7526):1157-8. doi: 10.1136/bmj.331.7526.1157. PMID: 16293815; PMCID: PMC1285083. <https://pmc.ncbi.nlm.nih.gov/articles>

¹⁹³⁶ Sengupta A, Nundy S. The private health sector in India. *BMJ*. 2005 Nov 19;331(7526):1157-8. doi: 10.1136/bmj.331.7526.1157. PMID: 16293815; PMCID: PMC1285083. <https://pmc.ncbi.nlm.nih.gov/articles>

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¹⁹³⁸ Lawton Robert Burns The Wharton School, University of Pennsylvania GORDON G. LIU Peking University National School of Development, Beijing, China's Healthcare System and Reform, © Cambridge University Press 2017.

¹⁹³⁹ Gusmano, M.K. The Role of the Public and Private Sectors in China's Health Care System. *Glob Soc Welf* 3, 193–200 (2016). <https://doi.org/10.1007/s40609-016-0071-3>

¹⁹⁴⁰ OECD (2021), Primary Health Care in Brazil, OECD Reviews of Health Systems, OECD Publishing, Paris, <https://doi.org/10.1787/120e170e-en>.

access particular services or technology, as well as various facilities or experts.¹⁹⁴¹

Infectious illness control, infant mortality rate reduction, and population coverage have all been greatly enhanced by the Brazilian healthcare system. Significant problems with the system still exist, nevertheless, such as unequal access to healthcare services, poor treatment quality, and a lack of coordination amongst various care levels. Large expenditures in medical professional training and healthcare infrastructure are needed to enhance the Brazilian healthcare system.¹⁹⁴²

EGYPT --- The healthcare system in Egypt is incredibly heterogeneous. Currently, Egypt's health services are run, funded, and supplied by a number of government agencies, functioning with varying degrees of autonomy under several ministries and legal frameworks. The private sector also offers services from providers with varying degrees of training and expertise.¹⁹⁴³

The term "public sector" encompasses both the institutional and governmental public sectors. Although both categories are regarded as governmental, they differ in terms of the ownership and level of operational autonomy that the law grants them. Ministries that receive financing from the Ministry of Finance (MOF) are represented by the Public Governmental Sector. The Health Insurance Organization (HIO), the Curative Care Organization (CCO), and other public sector organizations that primarily provide hospital services are examples of quasi-governmental organizations that make up the Public Institutional Sector. These organizations are controlled by government ministries.

Traditional midwives, private pharmacies, private physicians, and private hospitals of

various sizes are all included in the private sector, which also includes nonprofit and for-profit businesses. Numerous nongovernmental organizations (NGOs), including clinics with religious affiliations and other nonprofits, are also operating in this area. All of these organizations are registered with the Ministry of Social Affairs (MOSA) and the MOHP.¹⁹⁴⁴

SRI LANKA ---Beyond what is appropriate for its financial level, Sri Lanka has achieved excellent health outcomes. Malaria, filariasis, polio, and newborn tetanus have all been eradicated, life expectancy has steadily increased, and the nation has made notable progress in key health metrics. The public sector provides the majority of services in the nation, including outpatient care (50%) and inpatient care (95%). Although the private sector's contribution to health care is expanding, only a small portion of the population can afford its exorbitant expenses. Research indicates that the standard of care in the public and private sectors is similar. There are various stages at which curative care is offered. Geographically defined zones are used to deliver preventive healthcare, and each is staffed by a medical officer of health who receives close, supportive monitoring.¹⁹⁴⁵

1.5 Comparative analysis of Private and Public Healthcare Sector between Developed Nations

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¹⁹⁴¹ Silva B, Hens N, Gusso G, Lagaert S, Macinko J, Willems S. Dual Use of Public and Private Health Care Services in Brazil. *Int J Environ Res Public Health*. 2022 Feb 6;19(3):1829. doi: 10.3390/ijerph19031829. PMID: 35162852; PMCID: PMC8835064.

¹⁹⁴² Roman A. A Closer Look Into Brazil's Healthcare System: What Can We Learn? *Cureus*. 2023 May 1;15(5):e38390. doi: 10.7759/cureus.38390. PMID: 37265925; PMCID: PMC10231901.

¹⁹⁴³ <https://dhsprogram.com/pubs/pdf/SPA7/02Chapter02.pdf>

¹⁹⁴⁴ <https://dhsprogram.com/pubs/pdf/SPA7/02Chapter02.pdf>

¹⁹⁴⁵ Rajapaksa L, De Silva P, Abeykoon A, Somatunga L, Sathasivam S, Perera S et al. Sri Lanka health system review. <https://apo.who.int/publications/i/item/sri-lanka-health-system-review>

commodity rather than a right of every citizen and may use its considerable economic power to exert undue influence on healthcare policies. Countries with the best healthcare in the world provide free or universal healthcare. These countries regard healthcare as a social good rather than an economic good and provide universal care, which means that healthcare must be affordable and accessible to all the citizens.¹⁹⁴⁶

In developed nations like Germany, The German healthcare system is self-governed and operated by a large number of institutions and organizations. The healthcare system is shaped and governed by many institutions and organizations with different tasks. These include doctors' and hospital associations, health insurers, quality assurance agencies, health ministries at federal and state level, as well as patient organizations and support groups. The Health care in Germany is based on four basic principles, everyone who lives in Germany is legally required to have health insurance, health care in Germany is mostly financed through the regular payments (premiums) of health insurance members and their employers, in the German healthcare system, all public health insurance members and employers carry the costs together through monthly premium payments, the German healthcare system is not run by the government. The government sets the legal framework for medical care.¹⁹⁴⁷

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hospital development include limited government financial support, high tax burdens, difficulty in workforce recruitment and retainment, poor government regulation and oversight, and dissipating public trust.¹⁹⁴⁸

India's healthcare system is a mix of public and private institutions, each serving distinct roles in a vast and diverse country. With over 1.4 billion people, the demand for healthcare services is immense, and the differences between public and private hospitals are critical in understanding the landscape of healthcare in India. Public hospitals are government funded and spread across both urban and rural areas. They are the primary healthcare providers for millions of Indians, particularly in rural regions where healthcare access is limited. Public hospitals are often the only option for many due to their affordability and widespread reach. Many services, especially basic healthcare, are provided either free or at a nominal cost, making public hospitals the go-to for low-income families. The affordability of public hospitals is crucial in a country where a large portion of the population lives below the poverty line. Public hospitals accept government-sponsored health insurance schemes, such as Ayushman Bharat, which covers low-income families. Public hospitals rely on government funding, which subsidizes healthcare costs to make services affordable. However, this funding is often inadequate, leading to under-resourced facilities and limited availability of advanced treatments. Serving as the backbone of India's healthcare system, public hospitals are vital in providing essential services to the vast majority of the population. They are particularly crucial during public health crises and for offering preventive healthcare. Private hospitals are predominantly located in urban centers and cater to the middle and upper classes. The concentration of private hospitals in cities makes them less accessible to the rural population. However, in urban areas, private hospitals are more conveniently located and

¹⁹⁴⁶https://www.researchgate.net/publication/362756444_Public_and_Private_Healthcare_System_in_Terms_of_both_Quality_and_Cost_A_Review

¹⁹⁴⁷ <https://www.ncbi.nlm.nih.gov/books/NBK298834/>

¹⁹⁴⁸ [https://www.thelancet.com/journals/lanwpc/article/PIIS2666-6065\(23\)00309-7/fulltext](https://www.thelancet.com/journals/lanwpc/article/PIIS2666-6065(23)00309-7/fulltext)

offer a broader range of services. Known for providing high-quality care, private hospitals generally have better infrastructure, more advanced equipment, and lower patient-to-doctor ratios. These hospitals generally accept a wide range of insurance plans, including private and employer-provided insurance. However, they often cater to those with more comprehensive coverage. Private hospitals invest heavily in infrastructure. These hospitals are funded through patient fees, insurance payments, and sometimes through corporate ownership. This financial model allows private hospitals to offer superior facilities and services, but it also means that they are less accessible to the general population, particularly the economically disadvantaged. Both types of hospitals are integral to India's healthcare landscape. Strengthening the public healthcare system and making private healthcare more accessible to all citizens are key challenges that need to be addressed to ensure that everyone in India has access to quality healthcare.¹⁹⁴⁹ Similarly, in the United States of America, Public and private hospitals receive payment from both public and private financing sources. Hospitals are typically paid through a diagnostic-related group (DRG), which assigns a set payment amount for a particular condition or treatment sequence. Inpatient DRGs are widely used by the Centers for Medicare & Medicaid Services (CMS) and by many private payers as a payment scheme for hospitals. Rather than paying the hospital for a line-item list of procedures and medications, Medicare pays the hospital a fixed amount based on the DRG, regardless of the actual cost of treatment. The DRG-based payments cover accommodation costs in a hospital (ie, room and board, facility costs, etc), procedure costs, support staff (nurses, technicians, etc), and drug/medical device costs; however, this system does not include physician fees. In the outpatient setting, Ambulatory Payment Classification (APC) codes are used by the hospital system for billing and reimbursement.

These APC codes represent a fee-for-service style of billing, rather than the capitated, cost-based style of DRGs.¹⁹⁵⁰

Brazil's health care is one of the country's strongest attributes. Since 1988, the Brazilian constitution has guaranteed that everyone in Brazil have access to medical care. This medical care is available to everyone who is legally in Brazil, which, of course, includes foreigners such as international students. Health care in Brazil can be obtained from the public national health system, from private providers subsidized by the federal government via the Social Security budget, or from the private sector via private insurance or employers. Brazilian hospitals are equipped with modern facilities and state-of-the-art medical equipment and technology. São Paulo has world-class hospitals and clinics and is one of the 47 world centers for technological innovation recognized by the UN. Government-funded hospitals and clinics in Brazil offer high-quality medical services, but are often crowded because they are free. For this reason, waiting times may be longer than they are in private hospitals. The facilities in government hospitals also may not be quite as good as in private hospitals. They may be lacking in air-conditioning or certain medical equipment. Foreigners in Brazil are entitled to free medical treatment at government hospitals. They might also be treated at private hospitals, but must pay for these services. Most of the private hospitals in Brazil have excellent medical facilities; Brazil is one of the leading medical tourism destinations in South America. Those who cannot afford to pay for health care in Brazil use the government's free public national health system. This system is roughly equal in caliber to the Veterans Administration hospital system in the United States. People who use this system pay nothing for doctors' fees, lab fees, hospitalization, surgery, or prescription drugs. Though foreigners are covered by this unified

¹⁹⁴⁹ <https://karetrip.com/blogs/comparing-indian-hospitals-public-vs-private>

¹⁹⁵⁰ <https://www.ispor.org/heor-resources/more-heor-resources/us-healthcare-system-overview/us-healthcare-system-overview-background-page-1>

health system, the majority of foreign residents in Brazil opt for private health insurance. Though the public health care system in Brazil is good, the private system is generally better, with shorter wait times and better care. As an international student, you might choose to use coverage from back home. Depending on where you live, your current health insurance provider might have participating doctors and hospitals in Brazil. You will want to look into this before embarking on your trip. And no matter what, you can always fall back on Brazilian national health care, so there is no real need to worry.¹⁹⁵¹ In the United Kingdom the aggregate value of services supplied in the private sector in 1996 was £13.7bn. Most of the money is spent on care of elderly and physically disabled people (46%), on pharmaceutical products and devices (22%), and in the acute hospitals sector (17%). Sixty four per cent of inpatient psychiatric care in 1996 was financed publicly but provided privately, as was 57% of long term residential home care of people with learning disabilities and 34% of long term residential care for elderly people. However, fewer than 1% of patients having elective surgery in the private sector had their operation financed from public funds.¹⁹⁵²

1.6 Conclusion and Suggestions

The privatization of healthcare is a double-edged sword, offering efficiency, innovation, and investment opportunities while also posing risks of inequality, high costs, and reduced accessibility for marginalized populations. Developed nations often have well-regulated private healthcare sectors, complemented by strong public health systems. In contrast, developing nations face challenges in ensuring that privatization does not widen health disparities. A balanced approach is crucial to achieving equitable, high-quality healthcare for all.

Recommendations and Suggestions:

1. **Strengthening Public-Private Partnerships (PPPs):** Governments should encourage collaboration between public and private sectors to enhance service delivery, infrastructure development, and research without compromising affordability.
2. **Robust Regulatory Frameworks:** Clear policies should be established to prevent exploitative pricing, ensure quality standards, and promote ethical healthcare practices. Transparency and accountability mechanisms must be strengthened.
3. **Universal Health Coverage (UHC):** Developing nations should implement policies that integrate privatized services into a broader universal healthcare framework, ensuring that basic healthcare remains accessible to all citizens.
4. **Subsidies and Incentives for Affordable Healthcare:** Governments should provide subsidies for essential health services and incentivize private hospitals to offer affordable treatment to low-income populations.
5. **Capacity Building and Workforce Development:** Investments in medical education and training should be prioritized to ensure that privatization does not lead to shortages of healthcare professionals in underserved areas.
6. **Community-Based and Preventive Healthcare Initiatives:** A focus on preventive healthcare through public education, vaccination programs, and community health initiatives can reduce the overall burden on both public and private healthcare systems.
7. **Leveraging Technology and Telemedicine:** Digital health solutions can bridge the accessibility gap, especially in rural and remote areas, by

¹⁹⁵¹ <https://www.internationalstudentinsurance.com/brazil-student-insurance/healthcare-in-brazil.php>

¹⁹⁵² <https://pmc.ncbi.nlm.nih.gov/articles/PMC1118448/>

offering cost-effective healthcare solutions through telemedicine and mobile health platforms.

By adopting these measures, both developed and developing nations can strike a balance between privatization and public healthcare, ensuring a system that is efficient, accessible, and equitable for all.

